

Sunday Oct-20	Monday Oct-21	Tuesday Oct-22	Wednesday Oct-23	Thursday Oct-24	Friday Oct-25	Saturday Oct-26
Breakfast						
Choice of Cereal Assorted Mini Donut Cheesy Scrambled Egg Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Egg Patty Canadian Bacon Whole Wheat English Muffin Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal 3 Cheese Egg Bite Sausage Patty Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Apple Cinnamon Pancake Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Buttered Waffles Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Garlic Parmesan Braised Chicken Whole Wheat Penne Pasta Broccoli Buttered Breadstick Pumpkin Pie Coffee/Tea	Maple Mustard Pork Tenderloin Baked Potato Carrots Choice of Roll Angel Food Cake Sour Cream and Chives Margarine Coffee/Tea	Herb Marinated Chicken Thigh Rice Pilaf Green Beans Wheat Bread Cherry Crisp Margarine Coffee/Tea	Salisbury Steak Mashed Potatoes Peas & Carrots Wheat Bread Banana Split Poke Cake Brown Gravy Margarine Coffee/Tea	Baked Crunchy Ranch Chicken Thigh Baked Sweet Potato Half Winter Blend Vegetable Choice of Roll Gingersnap Cookie Margarine Coffee/Tea	Citrus Dill Cod Onion Roasted Potatoes California Vegetable Blend Wheat Bread Cream Cheese Brownies Margarine Coffee/Tea	Beef Tater Tot Bake Tossed Salad Choice of Roll Baked Apples Choice of Dressing Margarine Coffee/Tea
Dinner						
Chunky Vegetable Soup Saltines Tuna Salad Sandwich Cucumber Slices Cinnamon Applesauce 2% Milk Coffee/Tea	Swedish Meatballs Egg Noodles Green Peas Banana Margarine 2% Milk Coffee/Tea	Macaroni & Cheese Stewed Tomatoes Parslied Cauliflower Pineapple Chunks Margarine 2% Milk Coffee/Tea	Roasted Butternut Squash Soup Saltines Grld Ham & Swiss Sandwich Mixed Melon Salad Margarine 2% Milk Coffee/Tea	Hamburger Stroganoff Egg Noodles Green Peas Buttered Breadstick Apple Slices Margarine 2% Milk Coffee/Tea	Quiche Hashbrown Patty Green Beans Wheat Toast Cantaloupe Margarine 2% Milk Coffee/Tea	Country Style Ham & Bean Soup Saltines Turkey Sandwich Red Grapes Margarine 2% Milk Coffee/Tea

Sunday Oct-27	Monday Oct-28	Tuesday Oct-29	Wednesday Oct-30	Thursday Oct-31	Friday Nov-01	Saturday Nov-02
Breakfast						
Choice of Cereal Eggs of Choice Chocolate Croissant Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Breakfast Pizza Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal French Toast Sticks Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Breakfast Ham Slice Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Egg & Sausage Strata Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Egg & Cheese Sandwich Canadian Bacon Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Blueberry Muffin Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Baked Glazed Ham Scalloped Potatoes Green Beans Choice of Roll Lemon Poppyseed Cake Margarine Coffee/Tea	Lemon Baked Fish Rice Pilaf Broccoli Wheat Bread Apple Orchard Bars Margarine Coffee/Tea	Chicken Marsala Rotini Pasta Carrots Choice of Roll Brownie Crinkle Cookie Margarine Coffee/Tea	Roast Beef Garlic Mashed Potatoes Normandy Vegetable Blend Wheat Bread Boston Creme Pie Margarine Coffee/Tea	Breaded Fish Sweet Potato Fries Creamy Cole Slaw Choice of Roll Oatmeal Raisin Cookie Ketchup Margarine Coffee/Tea	Chicken & Stuffing Casserole Dilled Carrots Choice of Roll Oreo Cookie Blondies Margarine Coffee/Tea	Cranberry Glazed Pork Baked Potato Winter Blend Vegetable Choice of Roll Frosted Spice Cake Sour Cream and Chives Margarine Coffee/Tea
Dinner						
Tomato Bisque Saltines Grilled Cheese Sandwich Mixed Melon Salad Margarine 2% Milk Coffee/Tea	Italian Sausage w/ Peppers & Onions Potato Wedges Buttered Breadstick Cinnamon Applesauce Margarine 2% Milk Coffee/Tea	Corn Chowder Saltines Grilled Ham & Cheese Sandwich French Fries Red Grapes Ketchup Margarine 2% Milk Coffee/Tea	Creamed Chicken White Rice California Vegetable Blend Southern Style Biscuit Pineapple Chunks Margarine 2% Milk Coffee/Tea	Beef Enchilada Spanish Rice Corn Banana Margarine 2% Milk Coffee/Tea	Baked Ziti Cauliflower Choice of Roll Diced Pears Margarine 2% Milk Coffee/Tea	Three Bean Soup Saltines Roast Beef & Provolone Sandwich Cantaloupe Margarine 2% Milk Coffee/Tea

Sunday Nov-03	Monday Nov-04	Tuesday Nov-05	Wednesday Nov-06	Thursday Nov-07	Friday Nov-08	Saturday Nov-09
Breakfast						
Choice of Cereal Scrambled Eggs Apple Cinnamon Pancake Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Egg Patty Canadian Bacon Whole Wheat English Muffin Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Assorted Mini Donut Sausage Links Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Buttered Waffles Sausage Patty Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal 3 Cheese Egg Bite Chocolate Croissant Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Chicken Alfredo Whole Wheat Penne Pasta Broccoli Buttered Breadstick Lemon Cheesecake Bar Margarine Coffee/Tea	Mustard Glazed Beef Onion Roasted Potatoes Corn Cranberry Upside Down Cake Margarine Coffee/Tea	Pork Chop Suey White Rice Peas & Carrots Wheat Bread Gingersnap Cookie Margarine Coffee/Tea	Pot Roast Scalloped Potatoes Winter Blend Vegetable Choice of Roll Buttermilk Cake Margarine Coffee/Tea	Roast Turkey Mashed Potatoes Green Peas Wheat Bread Buckeye Cake Gravy Margarine Coffee/Tea	Lasagna Cauliflower Tossed Salad Buttered Breadstick Brownie Choice of Dressing Margarine Coffee/Tea	Chicken Enchiladas Spanish Rice Seasoned Black Beans Chocolate Ice Cream Margarine Coffee/Tea
Dinner						
Herb Baked Tilapia Potato Wedges Creamy Cole Slaw Choice of Roll Banana Margarine 2% Milk Coffee/Tea	Margherita Cheese Pizza Normandy Vegetable Blend Buttered Breadstick Apple Slices Margarine 2% Milk Coffee/Tea	Dijon Chicken Mushroom Casserole Green Beans Choice of Roll Fresh Fruit Cup Margarine 2% Milk Coffee/Tea	Minestrone Soup Saltines Tuna Melt Sandwich Cantaloupe Margarine 2% Milk Coffee/Tea	Pork Choppette Baked Sweet Potato Half Cornbread Cinnamon Applesauce Margarine 2% Milk Coffee/Tea	Beef Pot Pie Broccoli Cottage Cheese Pineapple Chunks Margarine 2% Milk Coffee/Tea	Italian Veg & Bean Soup Saltines Deli Sandwich Cucumber Slices Red Grapes 2% Milk Coffee/Tea

Sunday Nov-10	Monday Nov-11	Tuesday Nov-12	Wednesday Nov-13	Thursday Nov-14	Friday Nov-15	Saturday Nov-16
Breakfast						
Choice of Cereal French Toast Sticks Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Breakfast Pizza Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Egg & Cheese Sandwich Canadian Bacon Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Egg & Sausage Strata Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Blueberry Muffin Vanilla Yogurt Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Breakfast Ham Slice Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Apple Cinnamon Pancake Sausage Patty Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Maple Glazed Pork Baked Sweet Potato Half Parslied Cauliflower Choice of Roll Frosted Banana Cake Margarine Coffee/Tea	Panko Crusted Tilapia Rice Pilaf Roasted Carrots Mock Pecan Pie Margarine Coffee/Tea	Chicken Pot Pie Tossed Salad Wheat Bread Applesauce Cake Choice of Dressing Margarine Coffee/Tea	Beef and Noodles Peas & Carrots Choice of Roll Pineapple Upside Down Cake Margarine Coffee/Tea	Baked Cod Potato Wedges Creamy Cole Slaw Wheat Bread Snickerdoodle Cookie Margarine Coffee/Tea	Cheese & Black Bean Quesadilla Sauteed Peppers & Onions Corn Chocolate Butterscotch Bars Margarine Coffee/Tea	Baked Ham w/ Raisin Sauce Onion Roasted Potatoes Winter Blend Vegetable Choice of Roll Apple Crisp Margarine Coffee/Tea
Dinner						
Chicken & Rice Soup Saltines Turkey Cranberry Sandwich Green Beans Cantaloupe Margarine 2% Milk Coffee/Tea	Meatloaf Mashed Potatoes Corn Choice of Roll Diced Pears Brown Gravy 2% Milk Coffee/Tea	Navy Bean Soup Saltines Country Ham & Biscuit Sandwich Cucumber Slices Red Grapes Margarine 2% Milk Coffee/Tea	Chicken Croquette Mashed Potatoes Broccoli Cornbread Mixed Melon Salad Gravy Margarine 2% Milk Coffee/Tea	Beef Barley Casserole Tossed Salad Southern Style Biscuit Banana Choice of Dressing Margarine 2% Milk Coffee/Tea	BBQ Chicken Pizza Green Beans Buttered Breadstick Apple Slices Margarine 2% Milk Coffee/Tea	Chili w/Beans French Fries Choice of Roll Pineapple Chunks Ketchup Margarine 2% Milk Coffee/Tea

Sunday Nov-17	Monday Nov-18	Tuesday Nov-19	Wednesday Nov-20	Thursday Nov-21	Friday Nov-22	Saturday Nov-23
Breakfast						
Choice of Cereal Eggs of Choice Chocolate Croissant Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Breakfast Ham Slice Wheat Toast Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Buttered Waffles Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Scrambled Eggs Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal Eggs of Choice Sausage Links Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Cereal French Toast Sticks Sausage Patty Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Ginger-Barbecue Chicken Cheesy Mashed Potatoes Green Peas Choice of Roll Vanilla Pudding Cake Margarine Coffee/Tea	Beef Fritter Onion Roasted Potatoes Carrots Choice of Roll Cherry Chocolate Bar Brown Gravy Margarine Coffee/Tea	Maple Glazed Chicken Baked Sweet Potato Half Cauliflower Cinnamon Maple Apple Cake Margarine Coffee/Tea	Beef Brisket Mashed Potatoes California Vegetable Blend Choice of Roll Buttermilk Custard Pie Brown Gravy Margarine Coffee/Tea	Chicken a la King Egg Noodles Normandy Vegetable Blend Southern Style Biscuit Coconut Brownie Margarine Coffee/Tea	Hamburger Steak Baked Potato Winter Blend Vegetable Choice of Roll Gingerbread Cake Sour Cream and Chives Margarine Coffee/Tea	Pork Chow Mein White Rice Green Peas Choice of Roll Caramel Dumpling Margarine Coffee/Tea
Dinner						
Tuna Noodle Casserole Broccoli Wheat Bread Banana Margarine 2% Milk Coffee/Tea	Pizza Casserole Corn Buttered Breadstick Diced Pears Margarine 2% Milk Coffee/Tea	Meatball Stromboli Green Beans Buttered Breadstick Red Grapes Margarine 2% Milk Coffee/Tea	Baked Potato Soup Saltines Fish Sandwich Apple Slices 2% Milk Coffee/Tea	Tomato Basil Soup Saltines Ham and Cheese Sandwich Sweet Potato Fries Cantaloupe Ketchup Margarine 2% Milk Coffee/Tea	Cheese Pizza Tossed Salad Buttered Breadstick Fresh Fruit Cup Choice of Dressing Margarine 2% Milk Coffee/Tea	Chicken Cordon Bleu Mashed Potatoes Whole Baby Carrots Choice of Roll Cinnamon Applesauce Gravy Margarine 2% Milk Coffee/Tea